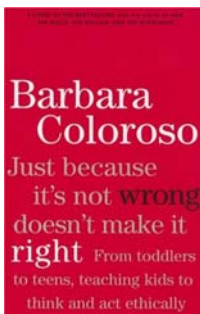




Books that are currently in the Smithville Christian High School library and that are of special interest to parents of teenagers



Barbara Coloroso – Just because it's not wrong doesn't make it right

We live in a world where children are so often given the message that the ends justify the means; where harmful, even violent behavior-in families, in communities, and around the world-goes unnoticed, unmitigated, and often unrepented; where children's ethical education can come from a T-shirt slogan or bumper sticker, an Internet site, or the evening news; where rigid moral absolutism or moral relativism has replaced true ethical thinking. In a world such as ours, *Just Because It's Not Wrong Doesn't Make It Right* is an essential tool.

S. Craig Watkins – The Young & The Digital

A media expert explains how and why the digital migration is transforming youth culture, identity, and everyday life.



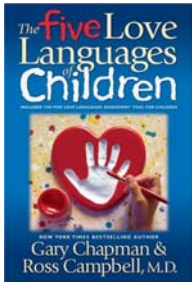
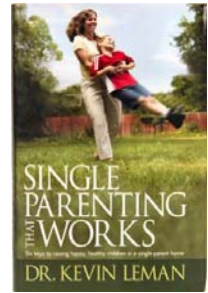
Diane E. Levin – So sexy, So soon

Risque Halloween costumes for young girls. T-shirts that boast "Chick Magnet" for toddler boys. Sexy content on almost every television channel, as well as in movies and video games. Popular culture and technology inundate our boys and girls with an onslaught of graphic sexual messages at earlier ages than ever before. Without the emotional sophistication to understand what they are doing and seeing, kids are getting into increasing trouble emotionally and socially. Parents are left shaking their heads, wondering: How did this happen? What can we do? Diane E. Levin, Ph.D., and Jean Kilbourne, Ed.D., internationally recognized experts in, respectively, early childhood development and the impact of the media on children and teens, offer parents essential, age-appropriate strategies to counter the assault. Filled with savvy suggestions, helpful sample dialogues, and poignant stories from families dealing with these issues, **So Sexy So Soon** provides parents with the information, skills, and confidence they need to discuss sensitive topics openly and effectively-so their kids can just be kids.

Belong. Believe. Succeed.

Kevin Leman – Single parenting that works

Being a parent is challenging enough. Being a single parent can seem downright impossible until now. Drawing on material from his successful *Single Parenting That Works* curriculum guide and video series, America's favorite parenting expert, Dr. Kevin Leman, brings help and hope to the legions of single parents struggling to raise happy, healthy, well-adjusted children in a loving, caring and biblically grounded way. Using his trademark quirky, no-nonsense approach, Dr. Leman shows parents how to build healthy, mature relationships with their former spouses, how to develop their children's self-esteem, and how to discipline and relate to their kids in accordance with their unique God-given personalities.



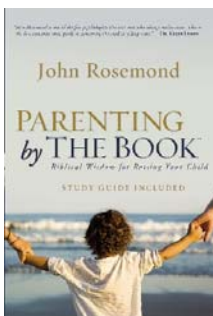
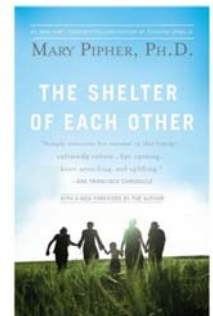
Gary Chapman – The five love languages of children

Does your child speak a different language? Sometimes they waver for your attention, and other times they ignore you completely. Sometimes they are filled with gratitude and affection, and other times they seem totally indifferent. Attitude. Behavior. Development. Everything depends on the love relationship between you and your child. When children feel loved, they do their best. But how can you make sure your child feels loved? Since 1992, Dr. Gary Chapman's best-selling book *The Five Love Languages* has helped more than 300,000 couples develop

stronger, more fulfilling relationships by teaching them to speak each others love language. Each child, too, expresses and receives love through one of five different communication styles. And your love language may be totally different from that of your child. While you are doing all you can to show your child love, he may be hearing it as something completely opposite. Discover your child's primary language and learn what you can do to effectively convey unconditional feelings of respect, affection, and commitment that will resonate in your child's emotions and behavior

Mary Pipher - The shelter of each other

In *The Shelter of Each Other*, Mary Pipher does for the American family what she did for adolescent girls and their parents in her bestselling book *Reviving Ophelia*: she opens our eyes wide to the desperate realities we are facing and shows us a way out. Drawing on the fascinating stories of families rich and poor, angry and despairing, religious and skeptical, and probing deep into her own family memories and experiences, Pipher clears a path to the strength and energy at the core of family life. Wise, compassionate, and impassioned, *The Shelter of Each Other* challenges each of us to face the truth about ourselves and to find the courage to protect, nurture, and revivify the families we cherish.



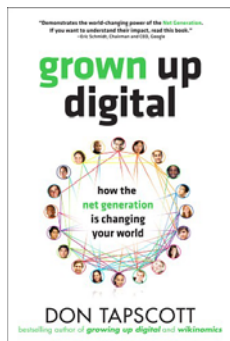
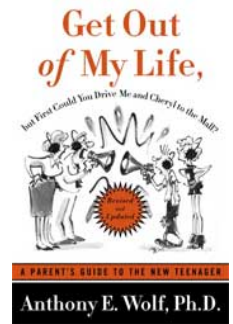
John Rosemond - Parenting by the Book

Picture respectful, responsible, obedient children who entertain themselves without television or video games, do their own homework, and have impeccable manners. A pie-in-the-sky fantasy? Not so, says family psychologist and bestselling author John Rosemond. Any parent who so desires can grow children who fit that description -- happy, emotionally healthy children who honor their parents and their families with good behavior and do their best in school.

Anthony E. Wolf - Get out of my life

A brand new edition of the bestselling guide to raising teenagers

When Anthony E. Wolf's witty and compassionate guide to raising adolescents was first published, its amusing title and fresh approach won it widespread admiration. Beleaguered parents breathed sighs of relief and gratitude. Now Dr. Wolf has revised and updated his bestseller to tackle the changes of the past decade. He points out that while the basic issues of adolescence and the relationships between parents and their children remain much the same, today's teenagers navigate a faster, less clearly anchored world. Wolf's revisions include a new chapter on the Internet, a significantly modified section on drugs and drinking, and an added piece on gay teenagers. Although the rocky and ever-changing terrain of contemporary adolescence may bewilder parents, "Get Out of My Life" gives them a great road map



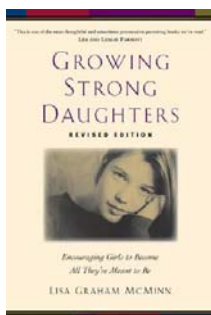
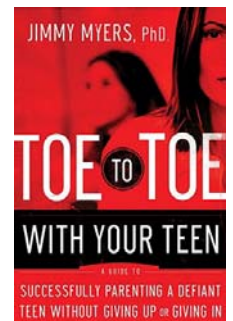
Don Tapscott - Grown up digital

The Net Generation Has Arrived. Are you ready for it?

Chances are you know a person between the ages of 11 and 30. You've seen them doing five things at once: texting friends, downloading music, uploading videos, watching a movie on a two-inch screen, and doing who-knows-what on Facebook or MySpace. They're the first generation to have literally grown up digital--and they're part of a global cultural phenomenon that's here to stay.

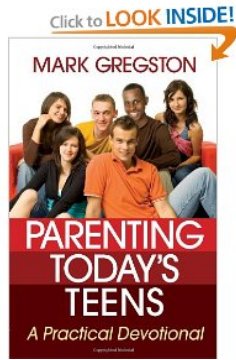
Jimmy Myers – Toe to toe with your teen

Defiant, out-of-control teenagers are holding families hostage to their selfish demands. It would be easy to judge the parents of these teens as ineffective and even easier to label the kids as bad seeds, the symbols of a self-centered generation. But the truth is that even solid, Christ focused families are not immune to the turmoil created by rebellious teenagers. Every day, family counselors across the country see well-intentioned parents who are driven to their wits end by the daily struggle against their children's unmanageable behavior, desperate for a shred of hope that things can change. They also see teenagers whose lives hold great promise, but who need help navigating their way to maturity. In Toe-to-Toe with Your Teen, Dr. Jimmy Myers offers fresh hope to disheartened parents who are doubtful that they can make a difference in their teen's life. He lays out proven, specific strategies to help parents put a stop to unruly behavior, exert their God given authority and parent their teen to success.



Lisa Graham McMinn – Growing strong daughters

Today's culture offers broadening opportunities for women; yet it still pressures them to fit long-standing stereotypes. McMinn challenges parents, teachers, churches, and civic communities to create a social environment that nurtures strong, confident girls. Combining careful research with personal experience, McMinn takes a thoughtful look at gender differences and patterns limiting women's full participation in society. She discusses what it means to raise strong daughters made in the image of God and covers the various aspects of strength--confidence, interdependence, voice, and self-image.

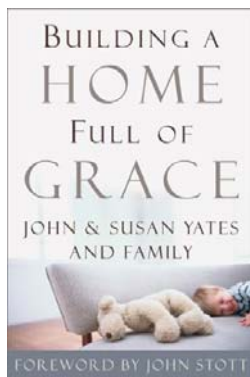
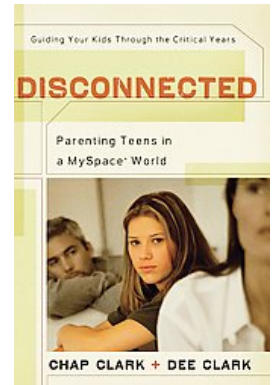


Mark Gregston – Parenting today’s teens

Mark Gregston-speaker, author, and director of one of America’s leading Christian residential treatment facilities for troubled teens, pours the wisdom of his experience with kids in crisis into a daily devotional. Based on Gregston’s nationally syndicated daily radio feature and weekly broadcast, this invaluable resource for parents helps them maintain a biblical perspective as they face some of life’s most heart-wrenching challenges.

Chap Clark – Disconnected

Parents worry they don’t have the understanding or training to be able to care for their kids in a world that is increasingly superficial, politicized, and performance driven. Disconnected makes the concepts and strategies described in the bestselling *Hurt: Inside the World of Today’s Teenagers* accessible to parents. After the overwhelming response to *Hurt*, authors Chap and Dee Clark here equip parents with an up-to-date, realistic parenting book that doesn’t ignore the harsh realities of adolescent life. It builds a foundation for parents by describing exactly how things have changed, takes them through the various developmental stages their children go through, and gives them workable paradigms for parenting.

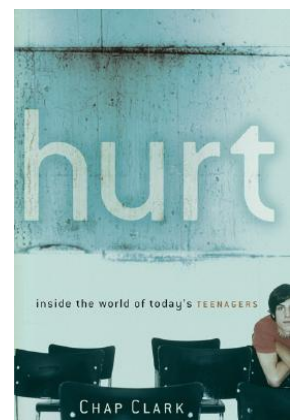


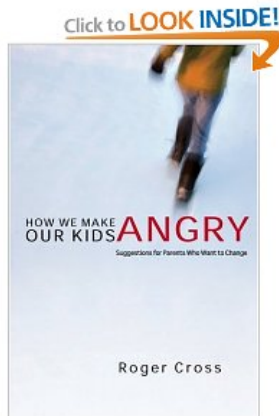
John & Susan Yates – Building a home full of grace

Longing for a loving Christian family? Make it a reality with these proven, practical tips for building a home that overflows with Christ’s love.

Chap Clark – Hurt

What do teenagers really think about adults? If you think you know the answer, you may be in for a surprise. According to Chap Clark, today’s adolescents have largely been abandoned by adults and left to fend for themselves in an uncertain world. As a result, teens have created their own world to serve as a shield against uncaring adults. Based on six months of participant-observer research at a California public school, this book offers a somewhat troubling but insightful snapshot of adolescent life. It will surprise and enlighten parents, youth workers, counselors, pastors, and all who want to better understand the hearts and minds of America’s adolescents.



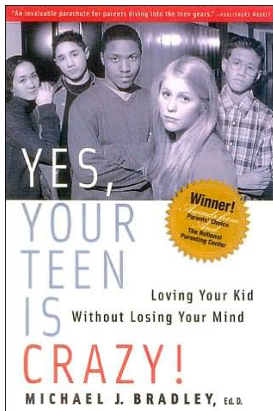
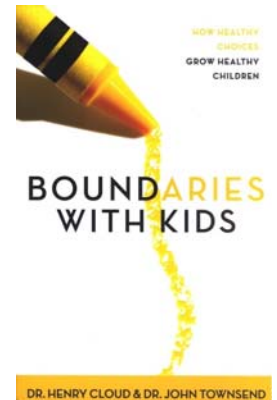


Roger Cross - How We Make Our Kids Angry

Roger Cross has been studying the things parents do that make kids angry, such as playing favourites, having loose or confusing boundaries, or expecting kids to fill adult roles. Drawing on his ministry of Youth for Christ along with a survey of one hundred students of varied ages and backgrounds, Roger Cross has created a practical, helpful book for parents who want to understand why their kids are so angry and what they need to do to change.

Henry Cloud, John Townsend – Boundaries with Kids

Want to Paint a Happy Future for Your Children? Start drawing the line today. Boundaries with Kids will help you recognize the boundary issues underlying child behavior problems, set boundaries and establish consequences with your kids. Get out of the nagging trap, stop controlling your kids and instead help them develop self-control. Apply the ten laws of boundaries to parenting. Take six practical steps for implementing boundaries with your kids. One of the most loving things you can do for your children is set firm boundaries with them. Boundaries with Kids will help you raise your kids to take responsibility for their own actions, attitudes, and emotions. In eight sessions, Drs. Henry Cloud and John Townsend help you bring order to problematic circumstances and cultivate healthier ways of relating with your kids.

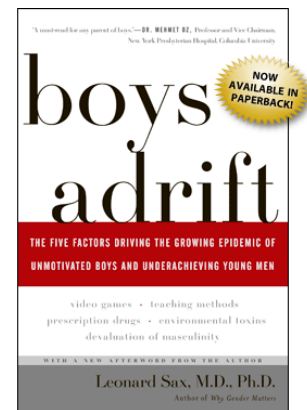


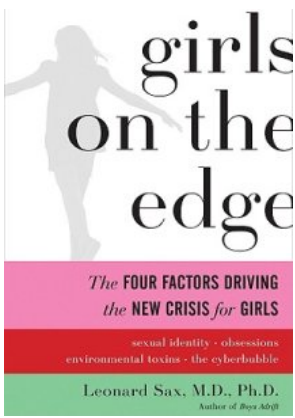
Michael Bradley – Yes, your teen is crazy!

Reminding parents that you can't relate to a crazy teen the same way you relate to a rational adult, Bradley tells readers how to navigate the adolescent minefield.

Leonard Sax - Boys adrift

Something scary is happening to boys today. From kindergarten to college, American boys are, on average, less resilient and less ambitious than they were a mere twenty years ago. The gender gap in college attendance and graduation rates has widened dramatically. While Emily is working hard at school and getting A's, her brother Justin is goofing off. He's more concerned about getting to the next level in his videogame than about finishing his homework. Now, Dr. Leonard Sax delves into the scientific literature and draws on more than twenty years of clinical experience to explain why boys and young men are failing in school and disengaged at home. He shows how social, cultural, and biological factors have created an environment that is literally toxic to boys. He also presents practical solutions, sharing strategies which educators have found effective in re-engaging these boys at school, as well as handy tips for parents about everything from homework, to videogames, to medication



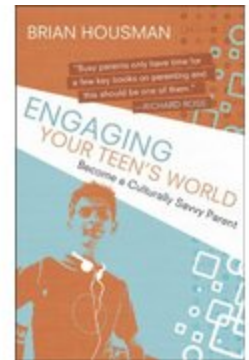


Leonard Sax - Girls on the edge

Girls are cutting themselves with razors. Girls are convinced they're fat, and starve themselves to prove it. Other girls are so anxious about grades they can't sleep at night at eleven years of age. What's going on? In *Girls on the Edge*, Dr. Leonard Sax provides the answers. He shares stories of girls who look confident and strong on the outside, but are fragile within. He shows why a growing proportion of teen and tween girls are confused about their sexual identity, or are obsessed with grades or Facebook. Dr. Sax provides parents with tools to help girls become confident women, along with practical tips on helping your daughter choose a sport, nurturing her spirit through female centered activities, and more. Compelling and inspiring, *Girls on the Edge* points the way to a new future for today's young women.

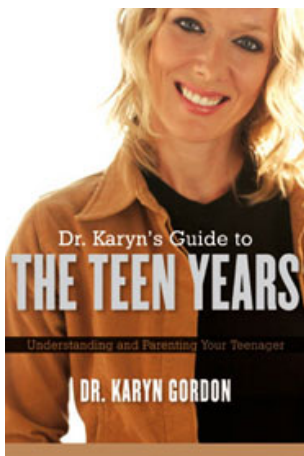
Brian Housman – Engaging your teen’s world

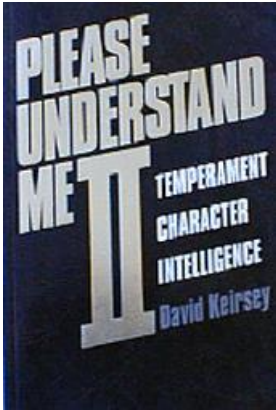
Parents often make decisions out of fear, trying to protect their teen from "the world," and may blame the culture for the problems in their family. *Engaging Your Teen’s World* encourages parents to move past unhealthy "us vs. them" mentalities and lead their teen to redeem the culture instead. This conversational book guides parents to become a greater influence in their teen's world without squelching their child's individuality.



Karyn Gordon - Dr. Karyn’s Guide to the Teen Years

Teenagers are unique beings, requiring a whole new parenting approach. Dr. Karyn Gordon knows that approach and has been coaching adolescents and parents for over a decade. She's a high-demand speaker, an expert on *The Mom Show* and the go-to teen parenting source for Canadian media. Using her dynamic, pragmatic advice and experience, Dr. Karyn cracks the mysterious code that defines teen behaviour. A book that stands alone amid other parenting guides, *Dr. Karyn’s Guide to the Teen Years* is firmly based on what teens actually think, feel and do. Gordon explains the recent research that shows the teen brain is actually different and reveals how this difference radically affects adolescent and parent behaviours. Her PARENT keys, seen below, will unlock the secret to a happier, healthier parent-teen relationship.





David Keirsey – Please understand me II

For the past twenty years Keirsey has continued to investigate personality differences -- to refine his theory of the four temperaments and to define the facets of character that distinguish one from another. His findings form the basis of Please Understand Me II, an updated and greatly expanded edition of the book, far more comprehensive and coherent than the original, and yet with much of the same easy accessibility. As in the original book, Please Understand Me II begins with The Keirsey Temperament Sorter, the most used personality inventory in the world. But also included is The Keirsey Four-Types Sorter, a new short questionnaire that identifies one's basic temperament and then ranks one's second, third, and fourth choices. Share this new sorter with friends and family, and get set for a lively and fascinating discussion of personal styles.

Paul D. Tieger & Barbara Barron Tieger – Nurture by Nature

Every parent knows that children, even babies, have distinct personalities. Any parent with more than one child is probably well aware of how different from each other children, even siblings, can be. So it's only natural that the parenting strategies that work with one child may be less effective with another child. How can you be sure that your nurturing is well suited to your child? With this one-of-a-kind parenting guide, you can use Personality Type analysis - a powerful and well-respected psychological tool - to understand your child better and become a more effective parent.

